



Internacionalização do ES português

Uma experiência em Setúbal

Pela equipa do ICHCI-2,

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How we got here?



- Culture of internationalization... opportunities - european consortium COHEHRE
- Participation in various Intensive Programmes
- Strengthening bonds and relationships with other Institutions
- Annual meetings
- Knowing faces behind e-mails

Previous History



- 1st application in 2008 (Life Long Learning Erasmus Programme) - 3 years of a funded course (2009 to 2011) – 13 days including travel
- 10 European partners from Hungary, Portugal, Belgium, Netherlands, Sweden, Norway, Denmark, Finland
- 2nd application in 2011 (Life Long Learning Erasmus Programme) - 3 years of a funded course (2012 to 2014) – 13 days including travel

Why continue?

- Portugal socio-economic situation
- Constraints in applying to longer term mobility
- Stability in the relationship with partners
- Positive previous experiences with funded programmes
- Will to continue and search for other opportunities



Now what ?

Erasmus +
no funding for Intensive Programmes





Self sustainable

Short term internationalization



International Partners - Belgium, Spain, Finland, Norway, Netherlands, Portugal and the COHEHRE Academy

Local partners from the community – APPACDM; Gambia-Pontes; Centro Jovem Tabor; Caritas

Partnership

b-learning model



- Preparatory module (facebook based)
- Distance learning
- 10 days – 1 ECTS
- Includes 2 assignments posted before we meet
- Presence module
- 6 intensive days – 3 ECTS
- 9 to 10 working hours per day (visits, workshops, seminars, project based work)
- Assignment to be handed in 7 days later

Total duration of the course 26 days

Distance – Presence - Distance

Responsibilities & Financial implications

Students

- Fee 150€ (includes the course; lunches, coffee breaks, bus to visits and 2 dinners - arrival and departure – Portuguese students have a reduced fee)
- Travel from home to the course (plane + buses or other transport)
- Accommodation (we tried “couch surfing” as an alternative)

ESS-IPS + Int. Partners

- Course planning and organization (teachers + non teaching staff working hours)
- Logistic support during the course (1 non teaching staff member)
- Printed materials – Student and staff manuals
- Full collaboration and participation through Staff Mobility

Overall Learning Outcomes

In addition to theme specific learning outcomes, at the end of the programme, participants will demonstrate

- Ability to create innovative and socially adequate responses to specific health problems;
- Ability to implement client focused strategies;
- In-depth reflection of their learning
- experience;





- Strategies to transfer this learning experience into their own reality;
- Enhanced Inter-professional competences;
- Enhanced linguistic skills in the use of english as a working language;
- Enhanced ability to work in a multi-cultural setting



Results

Views at the end of the course

- 97% consider they are now more aware of the characteristics of other cultures
- 97% consider they have developed their intercultural and international communication
- 97% consider to have more respect for the views of others, even though they may be different from their own
- 94% consider they have improved their language skills (use of english as a working language).

Some statements...

- "I feel that after participating in this course, I am more open-minded and more focused attention to the problems of society, in particular regarding to health issues."
- "I meet new people, new perspectives, new points of view and discovered that absolutely there is a huge world outside to explore."
- "Made me grow up as a person, as a student and as a future health professional. Now I have the strategies to think outside the box"
- "I would strongly encourage other students to attend to this course! It was an amazing experience... wordless to describe it!"

Participation of ESS-IPS

- In 2015-16, at our institution, we have the opportunity to send students and/or teachers to **11 different international programmes** – all self sustainable, organized all over europe.
- COHEHRE Academy is the link between all these programmes.
 - In 2014-15 – 48 students
 - In 2015-16 – 44 students



Obrigado
Thank You
Takk
Gràcies
Dank u Wel
Kitos

